


# January • Public Skate Calendar

**PUBLIC SKATE: \$6.00/PERSON ♦ RENTAL SKATES: \$3.00/PERSON**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> Happy New Year!  2:30 - 4:00 p.m.
2	3	4	5	6	7	8
1:30 p.m. - 3:00 p.m.	11:45 a.m. - 1:15 p.m.	11:45 a.m. - 1:15 p.m.	11:45 a.m. - 1:15 p.m.			2:30 - 4:00 p.m.
9	10	11	12	13	14	15
1:30 p.m. - 3:00 p.m.	11:45 a.m. - 1:15 p.m.	11:45 a.m. - 1:15 p.m.	11:45 a.m. - 1:15 p.m.		11:45 a.m. - 1:15 p.m.	2:30 - 4:00 p.m.
16	<b>17</b> Martin L. King Day	18	19	20	21	22
1:30 p.m. - 3:00 p.m.	11:45 a.m. - 1:15 p.m.	11:45 a.m. - 1:15 p.m.	11:45 a.m. - 1:15 p.m.			2:30 - 4:00 p.m.
23 / 30	24 / 31	25	26	27	28	29
1:30 p.m. - 3:00 p.m.	11:45 a.m. - 1:15 p.m.	11:45 a.m. - 1:15 p.m.	11:45 a.m. - 1:15 p.m.		11:45 a.m. - 1:15 p.m.	2:30 - 4:00 p.m.

## Troubh Ice Arena Covid Protocols

**REGARDLESS OF VACCINATION STATUS:** Drop-in program skaters & guests are required to wear a face covering at all times.

## PUBLIC SKATE PROTOCOLS

The following items **ARE NOT ALLOWED** on Public Skate Ice Sessions: **Sticks, Pucks, Head Phones, Cell Phones**

For safety purposes, carrying a child on-ice is **NOT** allowed.

Online registration is preferred, however, walk-ins are welcome.

*We recommend that you leave all valuables (i.e. money, jewelry, cell phone etc.) in your locked vehicle.*



## PUBLIC SKATE CANCELLATION POLICY

Only sessions canceled 4 hours prior to start time are eligible to receive a credit or refund.

To cancel a session(s), please contact our office and leave a voicemail or send an email: (207) 808-5491 / [vla@portlandmaine.gov](mailto:vla@portlandmaine.gov)

# February • TIA Public Skate Calendar

**PUBLIC SKATE: \$6.00/PERSON ♦ RENTAL SKATES: \$3.00/PERSON**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11:45 a.m. - 1:15 p.m.	2 11:45 a.m. - 1:15 p.m.	3	4	5 2:30 - 4:00 p.m.
	6 1:30 p.m. - 3:00 p.m.	7 11:45 a.m. - 1:15 p.m.	8 11:45 a.m. - 1:15 p.m.	9 11:45 a.m. - 1:15 p.m.	10	11 11:45 a.m. - 1:15 p.m.
13 1:30 p.m. - 3:00 p.m.	14 11:45 a.m. - 1:15 p.m.	15 11:45 a.m. - 1:15 p.m.	16 11:45 a.m. - 1:15 p.m.	17	18 11:45 a.m. - 1:15 p.m.	19 TBD
20 1:30 p.m. - 3:00 p.m.	<b>21 President's Day</b>	22 11:45 a.m. - 1:15 p.m.	23 11:45 a.m. - 1:15 p.m.	24	25 11:45 a.m. - 1:15 p.m.	26 2:30 - 4:00 p.m.
27 1:30 p.m. - 3:00 p.m.	28 11:45 a.m. - 1:15 p.m.					

## Troubh Ice Arena Covid Protocols

**REGARDLESS OF VACCINATION STATUS:** Drop-in program skaters & guests are required to wear a face covering at all times.

## PUBLIC SKATE PROTOCOLS

The following items **ARE NOT ALLOWED** on Public Skate Ice Sessions: **Sticks, Pucks, Head Phones, Cell Phones**

For safety purposes, carrying a child on-ice is **NOT** allowed.

Online registration is preferred, however, walk-ins are welcome.

*We recommend that you leave all valuables (i.e. money, jewelry, cell phone etc.) in your locked vehicle.*


## PUBLIC SKATE CANCELLATION POLICY

Only sessions canceled 4 hours prior to start time are eligible to receive a credit or refund.

To cancel a session(s), please contact our office and leave a voicemail or send an email: (207) 808-5491 / [vla@portlandmaine.gov](mailto:vla@portlandmaine.gov)

# January • Adult Co-Ed Pick-up Hockey Calendar

**ADULT CO-ED PICK-UP HOCKEY: \$8.00/PERSON**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Happy New Year!
2	3	4	5	6	7	8
	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.		1:40 - 2:40 p.m.	10:30 - 11:30 a.m.	
9	10	11	12	13	14	15
	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.		1:40 - 2:40 p.m.	1:30 - 2:30 p.m.	
16	17 Martin L. King Day	18	19	20	21	22
	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.		1:40 - 2:40 p.m.	10:30 - 11:30 a.m.	
23 / 30	24 / 31	25	26	27	28	29
	1:30 - 2:30 p.m.	1:30 - 2:30 p.m.		1:40 - 2:40 p.m.	1:30 - 2:30 p.m.	

## Troubh Ice Arena Covid Protocols

**REGARDLESS OF VACCINATION STATUS:** Drop-in program skaters & guests are required to wear a face covering at all times.

## TIA ICE PROTOCOLS

The following items **ARE NOT ALLOWED** on the ice: **Head Phones, Cell Phones**  
*We recommend that you leave all valuables (i.e. money, jewelry, cell phone etc.) in your locked vehicle.*

## ADULT CO-ED DROP-IN PICK-UP HOCKEY PROTOCOLS



In order to participate in the Adult Co-Ed Drop-in Hockey program, players must be 18+ years old.  
 Helmets are **required** and, at a minimum, lower padding is strongly encouraged.

## CANCELLATION POLICY

Only sessions canceled 4 hours prior to start time are eligible to receive a credit or refund.  
 To cancel a session(s), please contact our office and leave a voicemail or send an email: (207) 808-5491 / [vla@portlandmaine.gov](mailto:vla@portlandmaine.gov)

# February • Adult Co-Ed Pick-up Hockey Calendar

**ADULT CO-ED PICK-UP HOCKEY: \$8.00/PERSON**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 1:30 - 2:30 p.m.	2	3 1:40 - 2:40 p.m.	4 10:30 - 11:30 a.m.	5
	6	7 1:30 - 2:30 p.m.	8 1:30 - 2:30 p.m.	9	10 1:40 - 2:40 p.m.	11 1:30 - 2:30 p.m.
13	14 1:30 - 2:30 p.m.	15 1:30 - 2:30 p.m.	16	17 1:40 - 2:40 p.m.	18 1:30 - 2:30 p.m.	19
20	<b>21 President's Day</b>	22	23	24 1:40 - 2:40 p.m.	25 1:30 - 2:30 p.m.	26
27	28 1:30 - 2:30 p.m.					

## Troubh Ice Arena Covid Protocols

**REGARDLESS OF VACCINATION STATUS:** Drop-in program skaters & guests are required to wear a face covering at all times.

## TIA ICE PROTOCOLS

The following items **ARE NOT ALLOWED** on the ice: **Head Phones, Cell Phones**  
*We recommend that you leave all valuables (i.e. money, jewelry, cell phone etc.) in your locked vehicle.*

## ADULT CO-ED DROP-IN PICK-UP HOCKEY PROTOCOLS

In order to participate in the Adult Co-Ed Drop-in Hockey program, players must be 18+ years old.

Helmets are **required** and, at a minimum, lower padding is strongly encouraged.



## CANCELLATION POLICY

Only sessions canceled 4 hours prior to start time are eligible to receive a credit or refund.

To cancel a session(s), please contact our office and leave a voicemail or send an email: (207) 808-5491 / [vla@portlandmaine.gov](mailto:vla@portlandmaine.gov)

# January • Freestyle Ice Calendar

**Freestyle Ice: \$15.00/SESSION** ♦ **Early Bird Special: \$10.00/SESSION** ♦ **Thursday Bargain: \$8.00/SESSION**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1 Happy New Year!</b>  10:00 - 10:50 a.m. 11:00 - 11:50 a.m.
	2	3	4	5	6	7
3:10 - 4:00 p.m. 4:10 - 5:00 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.		<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	<b>BARGAIN</b> 12:00 - 1:30 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	12:50 - 1:35 p.m. 1:35 - 2:20 p.m. (No Ice Make)
9	10	11	12	13	14	15
6:50 - 7:40 a.m. 7:50 - 8:40 a.m. <b>ISI OFPI</b> 4:10 - 5:00 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.		<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	<b>BARGAIN</b> 12:00 - 1:30 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	12:50 - 1:35 p.m. 1:35 - 2:20 p.m. (No Ice Make)
16	17 <b>Martin L. King Day</b>	18	19	20	21	22
6:50 - 7:40 a.m. 7:50 - 8:40 a.m. <b>ISI OFPI</b> 4:10 - 5:00 p.m.			<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	<b>BARGAIN</b> 12:00 - 1:30 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	
23 / 30	24 / 31	25	26	27	28	29
6:50 - 7:40 a.m. 7:50 - 8:40 a.m. <b>ISI OFPI</b> 4:10 - 5:00 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.		<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	<b>BARGAIN</b> 12:00 - 1:30 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	12:50 - 1:35 p.m. 1:35 - 2:20 p.m. (No Ice Make)

## Troubh Ice Arena Covid Protocols

**REGARDLESS OF VACCINATION STATUS:** Drop-in program skaters & guests are required to wear a face covering at all times.

**FREESTYLE ICE PROTOCOLS: \*SKATERS ARE 6+ YEARS OLD AND GAMMA LEVEL/USFS BASIC 6 LEVEL OR HIGHER**

*\*Skaters scheduled in private lessons who do not meet the age and/or skating level requirements must be accompanied by their coach AT ALL TIMES.*

Please keep your cell phone in your pocket or bag at all times. We recommend that you leave any items of value (money, jewelry etc.) in your locked vehicle.

Mandatory pre-registration is required at least 10 minutes in advance of freestyle session start time.

Any music played must be appropriate for all age groups and **NOT** contain any vulgarity or profanity.

### ISI OPEN FREESTYLE PRACTICE ICE (ISI OFPI)

Under **TIA Group Lessons**, register for the session **OR** under **TIA Drop-in Open Freestyle Practice Ice**, register for individual weeks.

### FREESTYLE ICE CANCELLATION POLICY

Only sessions canceled 4 hours prior to start time are eligible to receive a credit or refund: (207) 808-5491/vla@portlandmaine.gov

### SPECIALTY CLASSES



To ensure we have a coach available, pre-registration is required at least 2 days in advance for all specialty classes.

**Troubh Ice Arena • 225 Park Avenue • Portland • ME • 207-774-8553 • www.troubhicearena.com**

# February • Freestyle Ice Calendar

FOR SKATERS 6 YEARS OLD AND OLDER AND GAMMA LEVEL/USFS BASIC 6 LEVEL OR HIGHER

**Freestyle Ice: \$15.00/Session** ♦ **Early Bird Special: \$10.00/Session** ♦ **Thursday Bargain: \$8.00/Session**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	<b>BARGAIN</b> 12:00 - 1:30 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	
6	7	8	9	10	11	12
6:50 - 7:40 a.m. 7:50 - 8:40 a.m. <b>ISI OFPI</b> 4:10 - 5:00 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.		<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	<b>BARGAIN</b> 12:00 - 1:30 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	12:50 - 1:35 p.m. 1:35 - 2:20 p.m. (No Ice Make)
13	14	15	16	17	18	19
6:50 - 7:40 a.m. 7:50 - 8:40 a.m. <b>ISI OFPI</b> 4:10 - 5:00 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.		<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m. 4:00 - 4:50 p.m.	<b>BARGAIN</b> 12:00 - 1:30 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.	12:50 - 1:35 p.m. 1:35 - 2:20 p.m. (No Ice Make)
20	21	22	23	24	25	26
6:50 - 7:40 a.m. 7:50 - 8:40 a.m. <b>ISI OFPI</b> 4:10 - 5:00 p.m.	<b>21 President's Day</b> <b>EARLY BIRD SPECIAL</b> 8:20 - 9:10 a.m.		<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m.	<b>BARGAIN</b> 12:00 - 1:30 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m. 10:00 - 10:50 a.m.	12:50 - 1:35 p.m. 1:35 - 2:20 p.m. (No Ice Make)
27	28					
6:50 - 7:40 a.m. 7:50 - 8:40 a.m. <b>ISI OFPI</b> 4:10 - 5:00 p.m.	<b>EARLY BIRD SPECIAL</b> 8:00 - 8:50 a.m. 9:00 - 9:50 a.m.					

## Troubh Ice Arena Covid Protocols

**REGARDLESS OF VACCINATION STATUS:** Drop-in program skaters & guests are required to wear a face covering at all times.

### FREESTYLE ICE PROTOCOLS: \*SKATERS ARE 6+ YEARS OLD AND GAMMA LEVEL/USFS BASIC 6 LEVEL OR HIGHER

*\* Skaters scheduled in private lessons who do not meet the age and/or skating level requirements must be accompanied by their coach AT ALL TIMES.*

Please keep your cell phone in your pocket or bag at all times. We recommend that you leave any items of value (money, jewelry etc.) in your locked vehicle.

Mandatory pre-registration is required at least 10 minutes in advance of freestyle session start time.

Any music played must be appropriate for all age groups and **NOT** contain any vulgarity or profanity.

### ISI OPEN FREESTYLE PRACTICE ICE (ISI OFPI)

Under **TIA Group Lessons**, register for the session **OR** under **TIA Drop-in Open Freestyle Practice Ice**, register for individual weeks.

### FREESTYLE ICE CANCELLATION POLICY

Only sessions canceled 4 hours prior to start time are eligible to receive a credit or refund: (207) 808-5491/vla@portlandmaine.gov

### SPECIALTY CLASSES

To ensure we have a coach available, pre-registration is required at least 2 days in advance for all specialty classes.

Troubh Ice Arena • 225 Park Avenue • Portland • ME • 207-774-8553 • [www.troubhicearena.com](http://www.troubhicearena.com)

# February • Youth Co-Ed Skills & Drills Open-Ice Hockey

**FEE: \$15.00/PERSON**

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

## Currently, there are no scheduled sessions.



### Troubh Ice Arena Covid Protocols

**REGARDLESS OF VACCINATION STATUS:** Drop-in program skaters & guests are required to wear a face covering at all times.

### TIA ICE PROTOCOLS

The following items **ARE NOT ALLOWED** on the ice: **Head Phones, Cell Phones**

*We recommend that you leave all valuables (i.e. money, jewelry, cell phone etc.) in your locked vehicle.*

### YOUTH CO-ED SKILLS & DRILLS OPEN-ICE HOCKEY PROTOCOLS

In order to participate in this program, players must be between the ages of 7-13 Years Old Plus 1 Adult (18+ years old).

For youth skater's safety, full hockey equipment, including a helmet with a face guard, is required.

For parent/adult skater's safety, at minimum, a helmet with a face guard is mandatory and lower body padding is strongly encouraged..

Before shooting on a goalie, please ask for their permission.

Pre-registration is mandatory.

### CANCELLATION POLICY

To cancel sessions, please contact the rink office no more than 2 hours prior to session start time.

*To cancel a session(s), please contact our office and leave a voicemail or send an email: (207) 808-5491 / [vla@portlandmaine.gov](mailto:vla@portlandmaine.gov)*